

FOOD



Real Life Scenario

When I wake up in the morning the only thing I think about is my breakfast. It is hard to decide what to eat because I have lots of choices. Will I eat toast? Maybe cereal? Or eat cheese like in Hungary? Let's look in the cupboard and see what is inside. It is really important for me to eat a BIG breakfast as I have a lot of things to do everyday.

By lunchtime my stomach is rumbling....(growl growl growl). I look forward to lunch because it means that I can talk with all my friends whilst eating. My lunch looks great. Some of my friends like to eat lots of chips for their lunch, others like to eat an apple. I wonder how they decide what they eat and where their lunch comes from?

Home from school and time for a snack. I have a choice of so many things....orange, banana, crisps, chocolate.

"Dinner time!" Urrrrgh...not green stuff AGAIN. Why are all the 'good' things green? Can't we eat out instead?

Time for bed, I wonder what I will eat tomorrow?

Key Questions:

- Where has my food come from?
- How was it made/grown?
- Who made it?
- How is it packaged?
- Do my friends eat the same as me? (i.e. cultural foods, ethnicity, allergies, etc)

Quest 3

Key Question: **Who made it?**

Elaboration/Content: **Food is produced by many different people who live in different environments and have different life styles. Students will also investigate the different scales that food is produced on, considering how many people are involved.**

Expected time: **2 hour and 30 minutes**

Age Group **Age 8-12**

Additional Questions: **What is there?
Where was it made?
Who is involved in production from ground to plate?
Who makes the different products?**

Aim: **-To undertake an investigation about the above theme, including research and collection of data.
- Students carry out a survey of food items present in their kitchen and mark on a map where in the world food has come from.**

- To consider the eco footprint of a product and develop an understanding of what is involved in the production, use and disposal of a product.
- For students to explore issues relating to Fair Trade in continents such as Africa, find out about the consequences to different people under normal and Fair Trade and discuss choices in relation to buying Fair Trade products.

Objectives/Outcomes:

By the end of the quest all students will:

- **Explain that food is made by many different people.**
- **Describe different lifestyles that people may have.**
- **Compare the lives of different people and evaluate preferred lifestyles.**
- **Present opinions about how they prefer their food to be grown.**